

Variable	Mean	SD	Min	Max
Age	38.5	12.5	25	65
Gender				
Male	55			
Female	45			
Marital status				
Married	65			
Single	35			
Divorced	10			
Widowed	5			
Education				
High school	25			
College	45			
Postgraduate	30			
Occupation				
Manager	15			
Professional	35			
Service	45			
Unemployed	5			
Income				
Low	15			
Medium	45			
High	40			
Health status				
Good	65			
Fair	25			
Poor	10			
Smoking status				
Smoker	35			
Nonsmoker	65			
Alcohol consumption				
Frequent	15			
Occasional	35			
Never	50			
Stress level				
Low	15			
Medium	45			
High	40			
Life satisfaction				
Satisfied	65			
Dissatisfied	35			
Depression score				
Low	15			
Medium	45			
High	40			
Quality of life				
High	65			
Low	35			

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